



# NUTRINEXT

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The **non-invasive Genetic Test**  
that identifies the main food  
sensitivities and intolerances

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## What is Nutrigenetics?

Nutrigenetics is an applied science studying the methods in which an individual's genetics responds to food intake and the predisposition to diet-related diseases.

## What is NUTRINEXT?

The **NUTRINEXT** test is based on the analysis of Single Nucleotide Polymorphisms (SNPs) in order to offer the Nutrition Professional an additional tool for personalized nutrition.

## NUTRINEXT tests

### 5 LINES

- **Intolerance** (Food Intolerances)
- **Health & Wellness** (General Well-being)
- **Active Sport** (Performance & Prevention)
- **Baby** (Baby's Wellness)
- **Complete** (Intolerance + Health & Wellness + Active Sport)





## 5 LINES for a complete help to the Specialist

1

### Intolerance

Predisposition for celiac disease • Lactose intolerance • Fructose intolerance  
Caffeine sensitivity • Sulfite sensitivity • Nickel sensitivity • Alcohol sensitivity

2

### Health&Wellness

Cardiovascular health and lipid metabolism • Weight control • Bone Health  
Oxidative stress and antiaging • Homocysteine metabolism • Inflammatory response

3

### Active Sport

Performance  
Injury

4

### Baby

Lactose intolerance • Predisposition for celiac disease  
Fructose intolerance

5

### Complete

The most complete test. Nutrinext Complete includes the following panels: Intolerance, Health & Wellness, Active Sport



# NUTRINEXT

The test is **INDICATED** for:



## Intolerance

People who present the typical symptomatology caused by the main food intolerances and sensitivities.

Patients who have unjustified symptoms from other causes but linked to intolerances or sensitivities.

## Health&Wellness



People who want to lose weight or keep in shape.

People who present risk factors for cardiovascular diseases (advanced age, diabetes, hypertension, hypercholesterolemia and obesity).

People who want to stay healthy.

## Active Sport

People who practice both competitive and amateur sports to improve performance and to prevent injuries.



## Baby

Babies in weaning age who present typical symptoms of lactose intolerance, celiac disease or fructose intolerance.



# Test CHARACTERISTICS

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## **Advanced**

Groundbreaking sequencing technology (NGS), coupled with a sophisticated bioinformatic analysis.



## **Non-invasive**

Cheek swab designed for gentle simple non-invasive sample collection.



## **Fast**

Fast turnaround time.



## **Accurate**

Sensitivity and specificity >99%.

# Reasons for **CHOOSING**

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It offers **the most complete panel of Nutrigenetics** analyses in the market (more than 150 genes analyzed).



It provides the nutritionist with the bases **for personalized nutrition.**



It provides the information needed for **a personalized healthy lifestyle.**



It is performed in a **certified laboratory.**



## 5 EASY STEPS



**Order** the DNA collection kit.



**Fill in** the test **request form** and the **informed consent**.



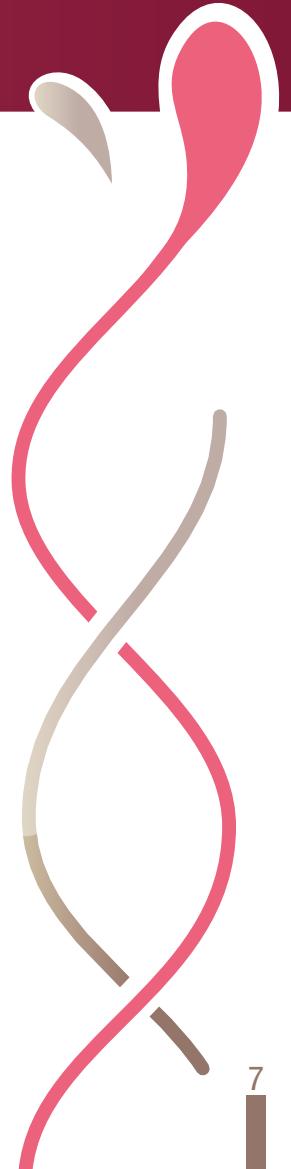
**Collect** a DNA sample through a simple **buccal swab** provided with the kit.



**Ship** the sample to the Lab.



**Receive** results.





## Expertise and Quality you can trust

From over 20 years, Genoma is the leading pioneer in genetic testing, focusing on finding the genetic cause of each patient's medical or developmental problem. Our team's unmatched knowledge and experience deliver a combination of advanced technology and deep patient data sets that lead to more accurate diagnosis.



**Test performed in Italy**  
(Rome or Milan).



**20 years experience**  
in prenatal molecular diagnostics.



Laboratories with  
**groundbreaking technologies.**



Over **200.000** genetic  
tests/year.



**Fast TAT.**



**Personalized genetic counseling**  
with genetic counselors experts in  
discussing genetic test results and  
familial risk.



Test available  
**worldwide.**



**Dedicated R&D team.** Numerous  
peer-reviewed papers published  
in renowned international journals.